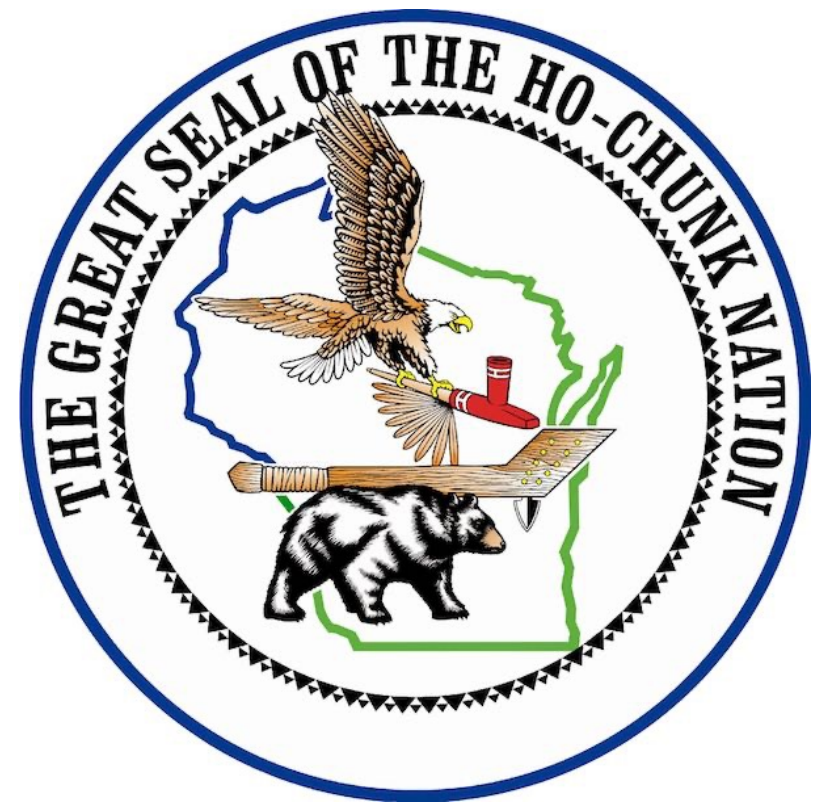


# *Traditional Plant Uses*

## of the Ho-Chunk Nation of Wisconsin



# Bloodroot

*Sanguinaria canadensis*

## Peexhišuc, Red gourd

Peexhišuc hi'ųire anąga hogiha šuuc nąga caasakšokąwą kiik'ųire.

Bloodroot is used for making a pink or red dye.



Clare Carlson, 2020



Paul Asman and Jill Lenoble, 2022



Joseph OBrien, USDA Forest Service, Bugwood.org

Bloodroot is an early spring wildflower that grows in rich woodland soils throughout Wisconsin. The root sap is bright red.

**IMPORTANT DISCLAIMER:** This information is for educational purposes only. Do not consume or otherwise introduce wild plants to the body without an expert's advice. Plant identification can be tricky, and some plants contain chemical compounds we now know to be harmful. If suffering from one of the ailments mentioned here, please see a licensed health care professional.



The Capital Springs Recreation Area is the ancestral homeland of the Ho-Chunk Nation of Wisconsin.

