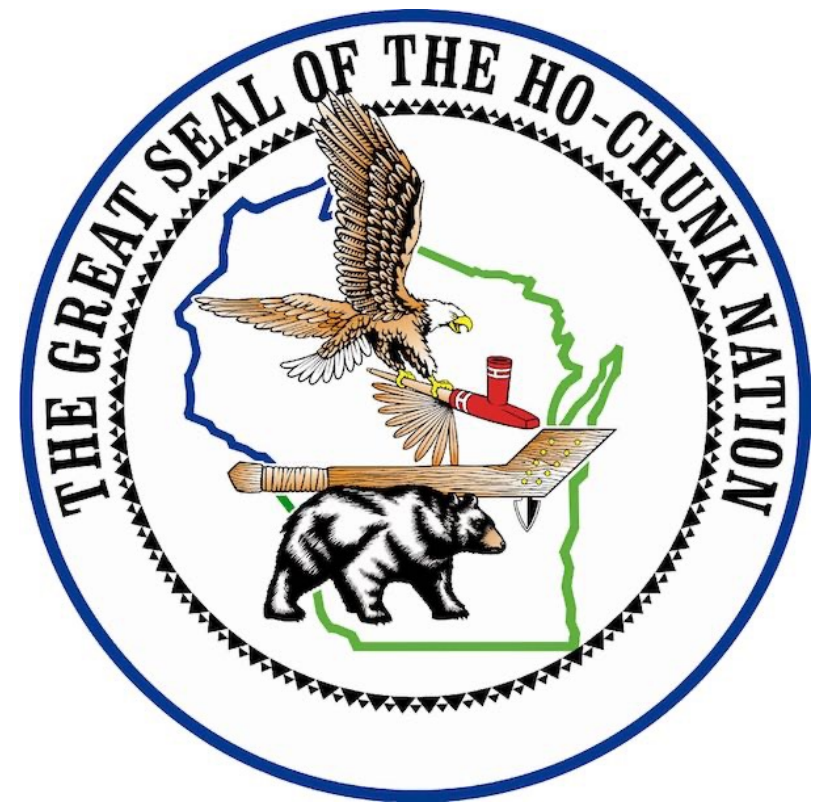


Traditional Plant Uses

of the Ho-Chunk Nation of Wisconsin



Culver's Root

Veronicastrum virginicum

Mąąkaşgi, Medicine root bitter or Mąkarejuzi, Medicine root yellow

Mąąkasgi reejyura mąąkaįżą wa'ųnąk, anąga hotekeja waażuire.

Culver's Root is used as a medicine, used as a poultice for pain anywhere.



Culver's Root is a tall, elegant plant that grows in a variety of soil and light conditions, found in prairies and upland woods.

IMPORTANT DISCLAIMER: This information is for educational purposes only. Do not consume or otherwise introduce wild plants to the body without an expert's advice. Plant identification can be tricky, and some plants contain chemical compounds we now know to be harmful. If suffering from one of the ailments mentioned here, please see a licensed health care professional.

