

Friends of Dane County Parks Endowment

Providing for today... Creating a legacy for tomorrow!

Partnering with Friends of Capital Springs Recreation Area to promote and advance physical and mental health by engaging with nature.

HEALTHY PARKS & TRAILS TOUR

AT CAPITAL SPRINGS RECREATION AREA

All are welcome

AUGUST 20, 2016

JENNI & KYLE PRESERVE

925 POST ROAD, MADISON 53713 **10 AM-11:30 AM**

(There will be several trail choices for walking. One will be short and specifically available for people with physical or mental challenges.)

CENTENNIAL PARK

4330 LIBBY ROAD, MADISON 53711, Meet at SHELTER ONE in Lake Farm Park

NOON-2:00 PM



The free, guided tour of Capital Springs begins at the wetlands and fishing ponds of Jenni and Kyle Preserve at 10 am and continues along picturesque wooded lakeshore trails of Centennial Park at noon. Light refreshments will be provided. For tour details including maps, please visit the Friends web site at www.friendsofcapitalsprings.org.

Co-sponsored by Friends of Capital Springs Recreation Area

3101 Lake Farm Road | Madison, WI 53711 | 608/224-3606



Friends of Capital Springs



